

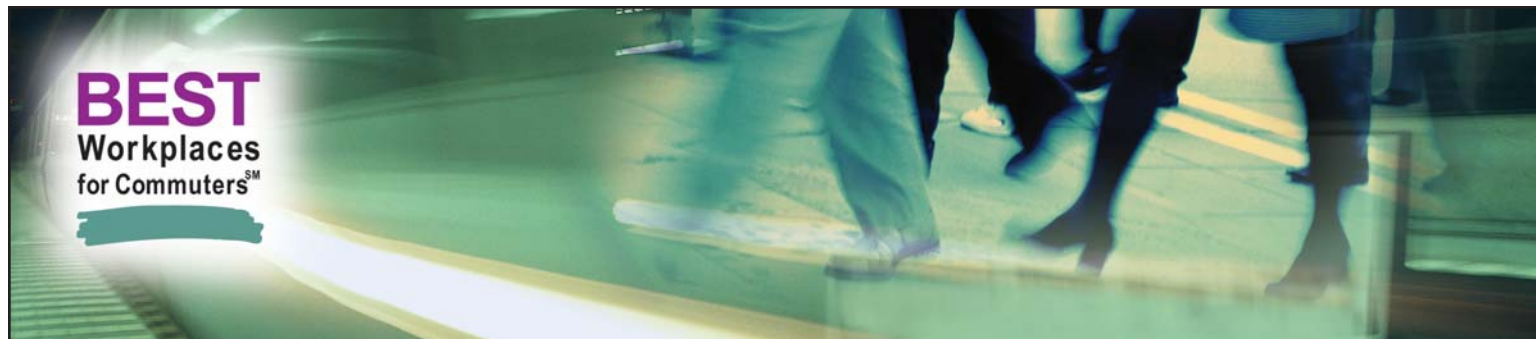
Best Workplaces for CommutersSM from the FORTUNE 500 Companies

Fast Facts

- The U.S. Environmental Protection Agency is recognizing more than 130 companies on the 2006 list of Best Workplaces for Commuters from the FORTUNE 500 Companies for qualifying one or more worksites as Best Workplaces for Commuters.
- At a time when President Bush is calling for energy conservation, these companies are offering commuter benefits that preserve the nation's resources and achieve a cleaner environment.
- More than 60 of these companies are specially recognized for providing excellent commuter benefits to more than 10 percent of their U.S. workforce.
- Nearly 700,000 commuters receive commuter benefits from Best Workplaces for Commuters from the FORTUNE 500 Companies, conserving 38 million gallons of gasoline and saving \$90 million annually (*Energy Information Agency, Oct 6, 2006, national average price \$2.36/gallon*).
- FORTUNE 500 employers on the list are also reducing approximately 340,000 metric tons of carbon dioxide per year, equivalent to eliminating emissions from 63,000 cars each year.
- The top 20 employers on the list offer outstanding commuter benefits to approximately 68 percent of their combined U.S. workforce.
- Employees who work for Best Workplaces for Commuters are 15 percent more likely to telework or commute via carpool, vanpool, transit, walking, or bike than employees working for other nearby companies.
- If half of all U.S. employees worked for employers offering outstanding commuter benefits, 3.7 billion gallons of gasoline would be conserved saving consumers almost \$9 billion annually and reducing carbon dioxide by 33 million metric tons—the equivalent to the emissions from 6 million cars. (*Energy Information Agency, Oct 6, 2006, national average price \$2.36/gallon*)

Commuting Facts

- The average annual delay per peak-road traveler in 85 urban areas was 47 hours per year in 2003. The total cost of congestion came to \$63 billion, which includes wasted time and fuel. (*2005 Urban Mobility Study, Texas Transportation Institute*)
- Public transportation usage has increased more than 23 percent between 1995 and the present. (*American Public Transportation Association, 2006*)
- The American Public Transportation Association (APTA) estimates that approximately 33 million trips are taken on public transportation each weekday in the United States. (*American Public Transportation Association, 2006*)
- In 2003, congestion resulted in 3.7 billion person-hours, or more than 92 million work weeks of delay in the United States. (*2005 Urban Mobility Study, Texas Transportation Institute*)



BEST Workplaces for CommutersSM

Health and Work/Life Effectiveness Facts

- Commuters prone to heart attacks face triple the risk of having a heart attack within an hour of being in traffic. (*New England Journal of Medicine*, October 21, 2004)
- Walking two miles a day can reduce your chances of a heart attack by 28 percent. (*Brookes University Health Walks Research*)
- Walking to work gives you a 20 percent less chance of getting breast cancer, a 30 percent less chance of getting heart disease, a 50 percent less chance of diabetes, and would help you live longer and healthier into old age. (*Nurse's Health Study, Archives of Internal Medicine; New England Journal of Medicine*)
- 159 million Americans—55 percent of the U.S. population—live where they are exposed to unhealthy levels of ozone air pollution. (*EPA Green Book 2004*)
- Exposure to traffic-related pollution, such as exhaust from cars, trucks, and school buses, increases a child's risk of respiratory complications as well as a lifetime risk of cancer. (*American Academy of Pediatrics*, December 6, 2004)

Air Quality Facts

- Between 2002 and 2012, vehicle miles from drive-alone commuting will increase by at least 15 percent—generating an additional 43 million metric tons of CO₂ annually. (*U.S. Bureau of Labor Statistics and U.S. EPA*)

Financial Facts

- Eighteen percent of household income is dedicated to transportation—before recent price increases. (*U.S. Bureau of Labor Statistics*)
- In 2005, it cost an average of 56.1 cents per mile, or \$8,410 per year, to own and operate a domestically produced midsize vehicle. (*AAA Online*, March 21, 2005)
- On average, constructing a parking space costs between \$1,500 (for a surface lot) and \$17,400 (in a garage). In addition, average annual maintenance and operating costs for each space ranges from \$420 to \$740. (*2004 Benchmarking the Parking Profession, International Parking Institute*)

Work/Life Effectiveness Facts

- Workers with flexible options—such as teleworking from home or having alternative work hours—are least likely to leave their companies, have the highest productivity, and enjoy better mental health. (*Families and Work Institute, 2004*)
- A majority of commuters (57%) expressed interest in working for an employer that offers a commuter benefits program. (*GfK Automotive, National Survey Findings on Attitudes and Behaviors*)

